Do & Dont for Blood Drawing Procedure

Reliable venous blood analysis begins with proper collection, labeling and handling specimens.

Matters must be done:

- Throughout the process must pay attention to preventive measures.
- Carefully assess any patient likely to cause breach of venipuncture contraindications or factors that lead to complications.
- Prepare appropriate equipment, and to determine whether there is need for special preparation or specimen processing.
- Wash your hands, put on clean gloves. Explain procedures to patients. Expand and ensure his arm in his heart water level.
- The Department of tourniquet above the venous puncture site in the 7.5 to 10cm. Avoid intravenous line, infection or swelling neutral position, or hematoma or vascular lesion. Ask your patient make a fist. Determine the optimal venipuncture site, clean, and let it dry.
- When venipuncture draw multiple samples to be taken according to the recommended order samples.
- The blood collection needle with accessory after the combination, the specimen tube pushed to go inside. Not touch the needle.
- Tilt 15-30 degrees, slowly insert the needle into the vein. The needle will steady advance collection tube so that the rear end. Needle penetrates the baffle. Release the tourniquet and fist soon as possible so that patients relax, blood will flow freely into the blood collection tube.
- Firmly grasp the adapter, so that the tube is filled, then pull it out of the adapter. If the tube contains an additive, gently. Invert 8~10 times, not allowed to shake it. Insert, delete, and according to need to flip the extra tube.
- Sterile gauze cover the puncture site and then quickly withdraw intravenous needles and start safety device. Were part is pressed. Force 2 to 3 minutes or until it stops bleeding.
- Then prepare to transport the blood collection tube according to the policy, the label. Properly handle needles, adapters, etc. dirty equipment. Wash hand.
- The program records, and wrote in the medical record in the patient's response.

Matters must be noted:

- Do not use arteriovenous fistula arm or mastectomy side or removal of axillary lymph side
- Do palpation venipuncture site after cleaning.
- Do not exceed the upper tourniquet system for one minute to reduce discomfort and prevent blood concentrate.
- Do not put a needle pushed to accelerate the blood into the tube.
- Do not shake the collection tube containing blood.
- Mining vessel upside down when not ready, do not contain the blood stood regardless of the blood collection tube,
- Do not use the blood collection tube containing blood immediately placed in a centrifuge.